**Shyama Prasad Mukherji College**

**Teaching Plan**

**Course and Year: B.A.(P) Sanskrit (August2020 - December 2022)**

**Semester: Vth**

**Taught individually or shared: Individually**

**Paper: AEEC – 3 Basic Elements of Ayurveda**

**Faculty: Dr. Rishiraj Pathak**

**No. of Classes** (per week)**: 4 Lectures**

**Teaching Plan**

**Name of the Unit:**

Section A - Introduction of Ayurveda (Unit 1 and 2)

Section B - Charak Samhita (Sutra-sthanam) (Unit 1)

Section C – Taittiriyopanishad (Unit 1 and 2)

**Readings (in APA format)**

**Readings prescribed in the syllabus for each unit**

**Readings, e- references to be given to students but not prescribed in syllabus (if any) for each unit**

**Examples:**

1. **Unit I:**
   1. **Readings prescribed in the syllabus for each unit**
   2. **Readings, e- references to be given to students but not prescribed in syllabus (if any) for each unit**
2. **…**

**No of classes required to complete the unit (approx.): 60**

**Section A**

1. **Unit I : No of Classes 14**
2. **Unit II : No of Classes 13**

**Section B**

1. **Unit I : No of Classes 13**

**Section C**

1. **Unit I : No of Classes 10**
2. **Unit II : No of Classes 10**

**Readings –**

* **चरकसंहिता (पूर्व और उत्तर भागों में) मोतीलाल बनारसीदास, नवम संस्करण, दिल्ली १९९८**
* **सुश्रुतसंहिता, अनुवादक – अत्रिदेव, मोतीलाल बनारसीदास,पंचम संस्करण, दिल्ली १९९७**
* **अष्टांगहृदय, टीकाकार – कविराज अत्रिदेव गुप्त, चौखम्भा संस्कृत संस्थान, वाराणसी, दशम संस्करण १९८७**
* **आयुर्वेद का वैज्ञानिक इतिहास, आचार्य प्रियव्रत शर्मा, चौखम्भा ओरिएंटालिया, दूसरा संस्करण १९८१**
* **तैत्तिरीयोपनिषद्, गीताप्रेस गोरखपुर**

**Sub topics to be covered and their order along with the respective time frames (if any)**

**Methodology of Teaching:**

**(Mention the use of ICT, MOOCs fieldwork, visits, or any specific activities apart from lectures)**

**विषय प्रतिपादन एवं सूत्र/ कारिका/अनुवाक व्याख्या (उदाहरणों एवं परिचर्चा के माध्यम से)**

**आयुर्वेद की वर्त्तमान समय में उपादेयता विषय पर पत्र प्रस्तुति**

**ASSESSMENT**

**Tentative date of assessments/ assignments (time frame):**

**Assignment – Beginning of September and October**

**Test – End of September and October**

**Criteria of Assessment: Assignment, Test and Presentation.**